



Erasmus+



BAYBURT ÜNİVERSİTESİ
BESYO SPOR ÖĞRENCİ KULUBÜ



TÜRKİYE ULUSAL AJANSI
TURKISH NATIONAL AGENCY

USE SPORT AS A TOOL MAKE THEIR LIVES REALLY COOL!

11-19 SEPTEMBER 2023

BAYBURT-TÜRKİYE



SUMMARY OF THE PROJECT

In our globalizing and developing world, the concept of inclusion is becoming increasingly important. Inclusion, which is a very valuable concept for social welfare, is possible today with the understanding of disabled and disadvantaged individuals. Conscious civil society and effective state policies are absolutely necessary for the realization of inclusion, which is a valuable concept. Increasing the awareness of civil society on this issue is even more important. The stronger use of sports as a means of inclusion and the universal unifying feature of sports have been the main reason for the realization of our project. We can list the goals we want to achieve regarding our project as follows:

- Understanding what the concept of inclusion is in our project,**
- Continuing by increasing the successful activities related to inclusion together with our project,**
- To support the social participation of disabled and disadvantaged individuals with our project,**
- To support more social participation of disadvantaged and disabled individuals with our project,**
- Understanding and disseminating inclusion through sports with our project,**
- Increasing the knowledge and awareness of our participants about the chosen topic of our project,**
- Improving our participants' key competencies,**
- Our participants would gather their information about youthpass and Erasmus+ program,**
- Learning the sport of Korfball and promotion of this sport,**
- To support the social development of disabled and disadvantaged individuals,**
- With our project, increasing the visibility and capacity of non-governmental organizations working especially with disabled and disadvantaged individuals,**
- Strengthening regional and international cooperation between non-governmental organizations and public institutions in Bayburt, with the work of these institutions,**
- Strengthening the regional and international cooperation between non-governmental organizations, enabling them to reach more people in the province of Bayburt,**



We will carry out our project activities in Bayburt, one of Turkey's unfortunately lagging cities, between 11–19 September. Our project is in the form of a youth exchange project in which 7 participants from each country will take part. The countries that participate in our project will be Greece, Portugal, Spain, Romania and Türkiye. Thus, 35 participants will participate in our project.

Although inclusion is the basis of our project, in this context, our project is planned on inclusion of activities. We have planned our activities in such a way that every participant can participate effectively. Our project includes sports events, icebreaker games and simulations for the participation of disabled participants. In addition, a lot of group work has been included in our activities. In our project, we aimed to develop the participants by helping together and providing peer education. In group work, companions and disabled participants will be together. Since verbal communication is especially required in these activities, disabled individuals and their companions will be in the same groups and the accompanying persons will assist the participants.



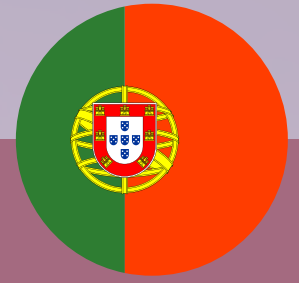
PARTICIPATED ORGANIZATIONS



BAYBURT ÜNİVERSİTESİ
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**ASOCIATIA DE SPRIJIN A
COPILOR HANDICAPATI FIZIC**



Sport
Evolution
Alliance

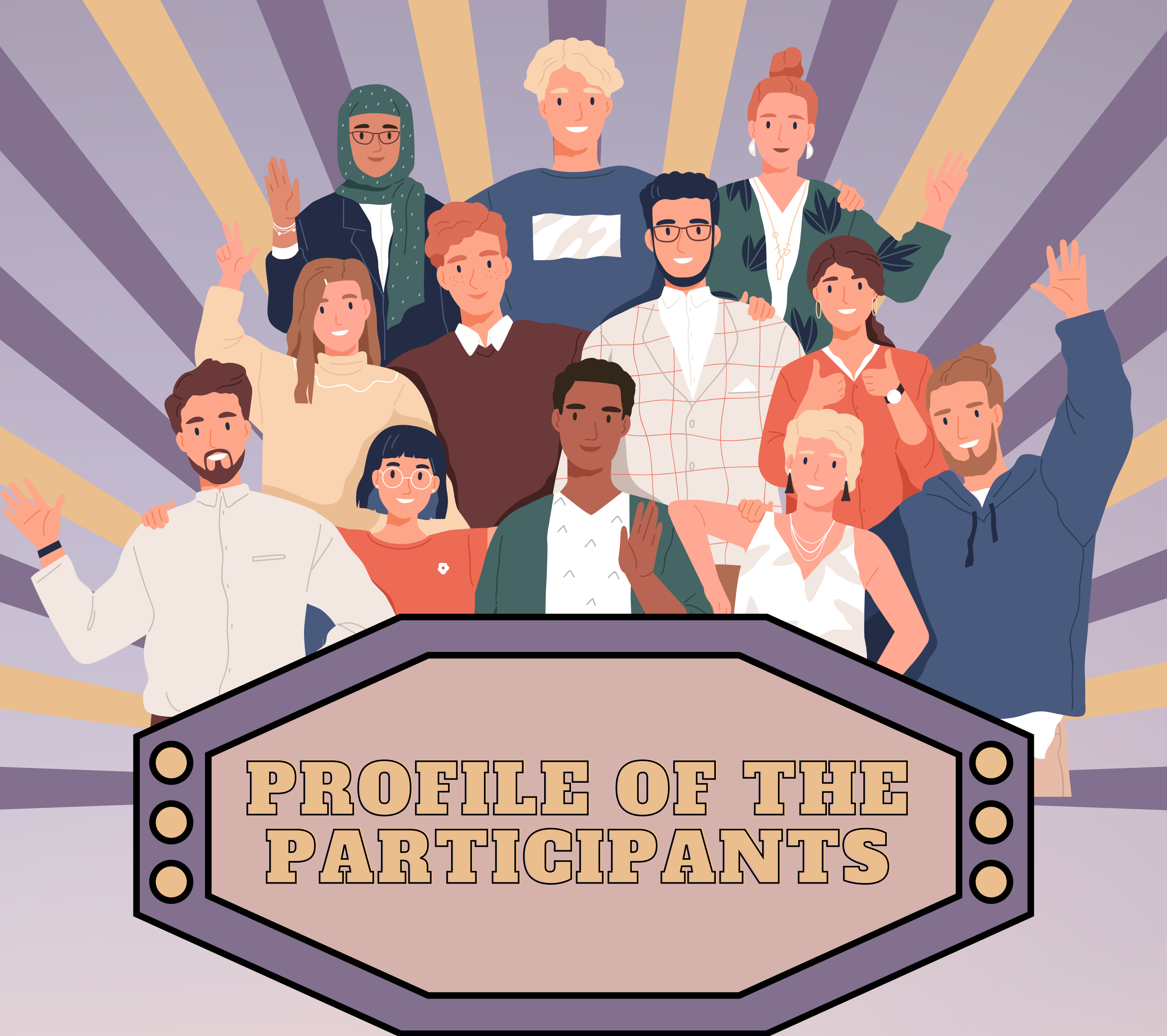
**SPORT EVOLUTION ALLIANCE,
CRL**



**ASOCIACIÓN
MULTIDEPORTIVA
EUEXIA**



GO ALIVE



Each team should have 2 participants with a disability. Thus, 1 group leader and 1 accompanying person must be in each team. Totally 7 participants from each country. Each partner organization will select their own team.

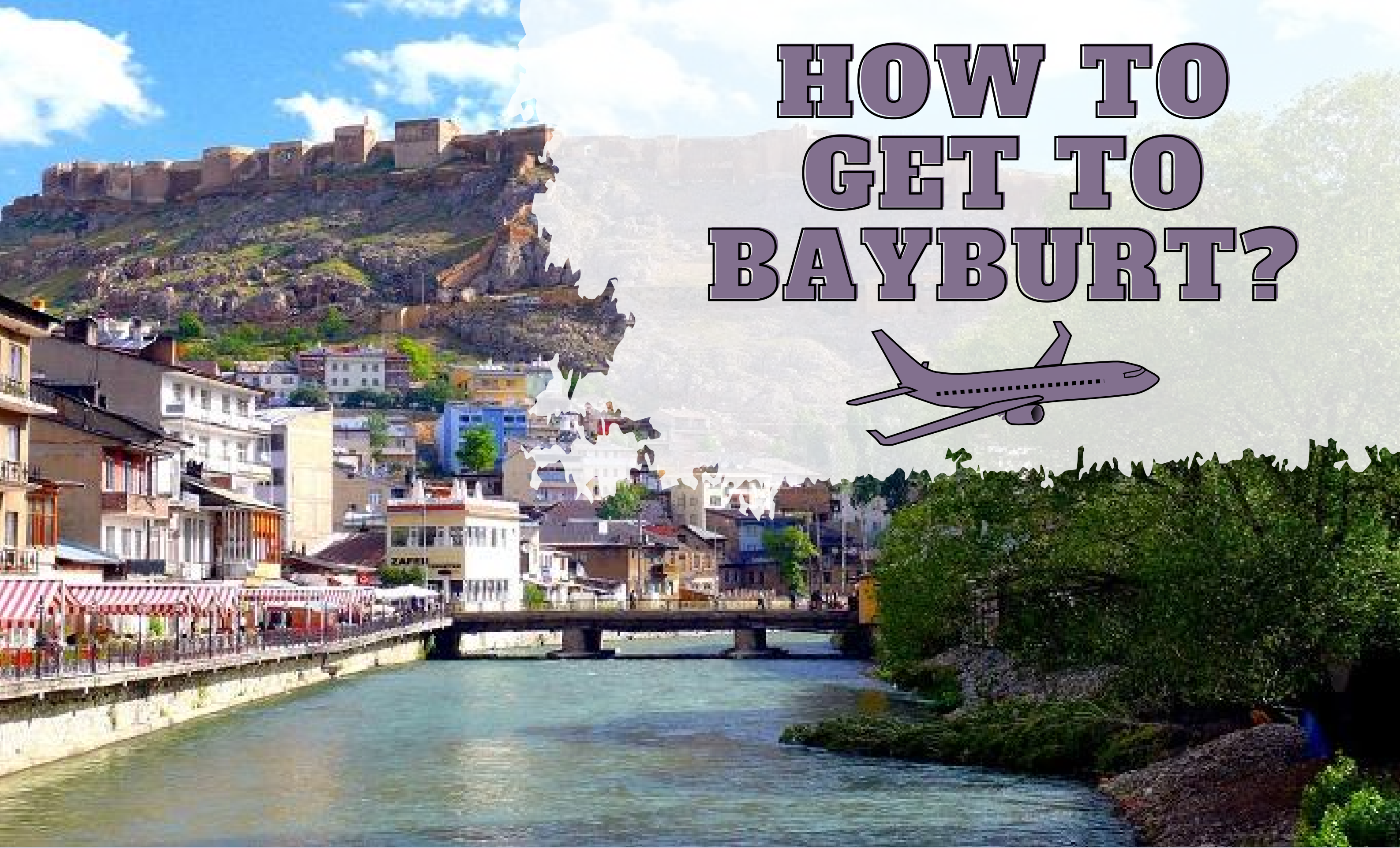
Participants must be between 16–29 years old, accompanying persons and group leaders don't have any age limit.

While you select the participants:

- Please keep gender balance,**
- Please give priority to less experienced youngsters in Erasmus+ program,**
- Please give priority to youngsters with fewer opportunities,**
- Please give priority to youngsters with less participation in physical activity.**

Project activities will be integrated for all participants. Please do not hesitate to join our project!

HOW TO GET TO BAYBURT?



Participants might arrive in Istanbul via plane, bus or train according to the starting destination of your trip. You need to take a flight from Istanbul to Trabzon and we will organize transfers from Trabzon airport to Bayburt!

INSURANCE AND SAFETY

Since European insurance cards are not valid in Türkiye, you may have traveling health insurances for the duration of your stay in Türkiye.



TRAVEL EXPENSES

SPAIN – 410 EURO
PORTUGAL – 410 EURO
GREECE – 275 EURO
ROMANIA – 275 EURO





**OUR ACCOMMODATION WILL BE BAYBURT KONUKEVI. YOU CAN REACH DETAILS OF IT HERE:
<http://bayburt-universitesi-konukevi.bayburt.hotels-tr.net/#photo>**

Our breakfasts will be served in the hotel, lunch and dinners will be mostly outside in different restaurants. You will receive 2 coffee breaks per day.

IF YOU HAVE ANY QUESTION, YOU CAN REACH US!

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