
INFOPACK

MY FUTURE

TRAINING COURSE

5 - 15 june

Santa Cruz, Portugal



Erasmus + Youth Exchange
2022-3-PT02-KA152-YOU-000094818

About this Youth Mobility

WHERE?

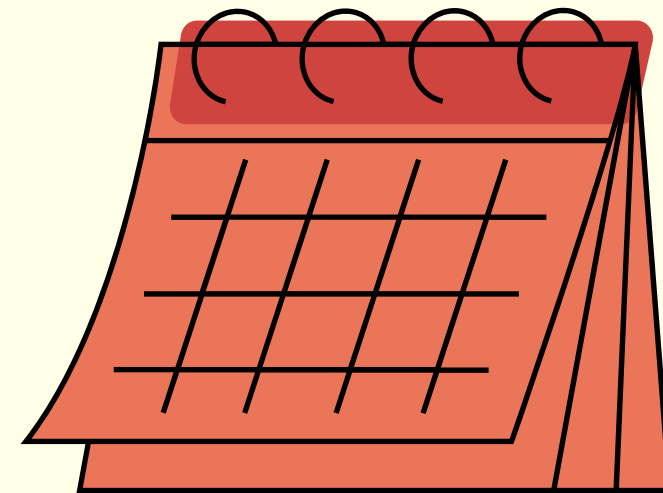
Santa Cruz, Portugal

Distance from Lisbon
airport - 63,6 km



WHEN?

5 to 15 June



PARTICIPANTS

60 young people, (30
from Portugal
30 from Bulgaria)

Aged 18 - 30 years old

NEET (not in education,
employment or training)



METHODOLOGY

Educate through
sport and non-formal
education
methodologies to
develop personal and
professional skills
with the ending goal
of increasing your
chances of getting
employed

MAIN GOALS



EXCHANGE OPPORTUNITY

Provide an opportunity to the youth in need of one for integration and international exchange

MEET NEW CULTURES

Foster mutual understanding between young people from two different countries (Portugal and Bulgaria)

DEVELOP SOFT SKILLS

Give the participants the opportunity to acquire and apply cross-skills, soft skills and participatory and leadership attitudes through Sport and Non-Formal Education

MAIN GOALS



PREPARE THE FUTURE

Promote the engagement of young people in education and/or labour market

BE ACTIVE

Stimulate young people's spirit of initiative, creativity and entrepreneurship

GET TO KNOW EU VALUES & INITIATIVES

Raise awareness on the Erasmus + program and spread EU core values among young people



ABOUT SANTA CRUZ

Santa Cruz is a fishing village located in the municipality of Torres Vedras, in Portugal. It is mainly known for its beach and its summer Carnival



[Click on the image to watch the video](#)

ACCOMODATION

GUESTHOUSE HI SANTA CRUZ

The modern Guesthouse Hi Santa Cruz is perfect for everyone, with its rooms with kitchenette and its swimming pool and playing fields. It is located in one of the most popular seaside resorts in the Oeste region thanks to the length of its beaches and the rare beauty of its majestic cliffs



TRAVEL INFO

Participant Organisations

- Sport Evolution Alliance (Portugal)
- Champions Factory (Bulgary)

Arrival & Departure Time

Arrival: 5th of June, until 6pm, at Lisbon airport

Departure: 15 June, after 12pm (midday)

* Participants should take public transportation from Lisbon airport to arrive to to the guesthouse in Santa Cruz

WHAT ARE YOU WAITING FOR?
YOUR FUTURE STARTS NOW

APPLY HERE

TO JOIN THIS LIFE-CHANGING EXPERIENCE

DO YOU HAVE ANY QUESTION?

GET IN TOUCH WITH US!

CONTACT PERSON

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SOCIAL NETWORKS

